# NC Family Caregiver Support Program Best Practices / Promising Practices

Name of project/activity: Employer outreach with Employee Assistance Program

Family Caregiver Program Service Category(ies): 800 and 820

Contact: Mid-Carolina AAA
Submitted by: Sherri Snipes
Name: Sherri Snipes
Date submitted: March 16, 2005

Address: PO Box 1510, Fay. NC 28302 Date of Service: began March 7, 2005

Email: ssnipes@mccog.org Region: M

#### **Description:**

A local Employee Assistance Program has agreed to provide outreach throughout our region. They will do this via a number of venues. They meet with their employers on a quarterly basis. During this meeting they are going to do a talk about caregiving issues and the impact it has on working caregivers. They will be providing contact and program information to the employers and employees by means of brochures placed in their EAP displays. The EAP provides a series of educational events to any interested employees (stress, substance abuse, depression, etc). We are working together to develop a caregiver educational piece that will be incorporated into their topics available.

### **Expected Outcome(s):**

Better employer awareness of caregiving issues for working caregivers. Creation of workplace support groups. Information on other resources available in the community to assist caregivers.

## Target population:

Working caregivers

### **Community Partners Involved:**

### **Funding Sources and other support:**

Family caregiver funds

### Barriers and challenges and how they were addressed: